



MAGIC

Installation Instructions For
MAGIC Fitness Mirror

www.magic.fit

Notice

- Only to be used by persons over 18 years of age.
- If approved in advance by a physician, teenagers over the age of 13 may use the product under adult supervision.
- In case of palpitation, dizziness, wheezing, nausea and vomiting during use, stop exercising and have a rest immediately. If this continues, seek medical attention
- Metrics on the screen may be inaccurate. Values should be used for reference only.
- Do not disassemble. Taking apart the MAGIC Mirror could create a risk of injury or electric shock.

Advice

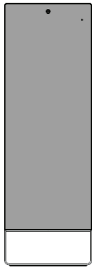
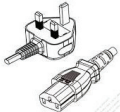


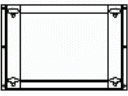

- It is suggested that you do some warm-up preparation before using the product.
- It is suggested that you wear sportswear to avoid sports injury caused by clothing discomfort
- It is suggested that you wear sportswear and not loose clothes during use to avoid affecting posture tracking.

Please read the installation instructions carefully before usage

Warning

- Both Wall and Floor installation requires two people.
- Do not install near water.
- Do not install near to a fire source.
- Before using the wall installation method to install the product please make sure that the wall can be drilled into and loaded.
- Please check for any damage before installation, contact MAGIC if any issues BEFORE installation.
- People with severe hypertension, coronary heart disease, cor pulmonale, asthma and vertigo should not use the product without consulting a doctor.
- Ensure that the mirror will not be in a position where strong light or sunlight will be focussed on the mirror.

PARTS LIST

					
MAGIC Mirror (1pc)	Uk Plug (1pc)	Wall Screw (12pcs)	Wall Plug (4pcs)	Wall Bracket (1pc)	Tether (2pc)

- Please ensure all parts are present before installation
- Please note – your Mounting Bolts and Wall Bracket will be attached to the rear of the mirror
- Remove mirror from box and place face down on a clean blanket to avoid scratching
- Be careful of sharp implements around mirror, always hold by edges

WHERE TO PUT YOUR MIRROR

Setting up MAGIC in the best possible area will let you get the most out of your mirror and your workouts.

Lighting

The ReflectAI® tracking works best if you’re well lit and easily identifiable.

For optimal performance, ensure the camera has a clear view of you and your workout space, with minimal background distractions. Keep light sources, such as lamps and windows, from shining directly at the mirror.

Wear light coloured workout clothes that contrast with your background, as blending in will make it harder for MAGIC to track your movements accurately.

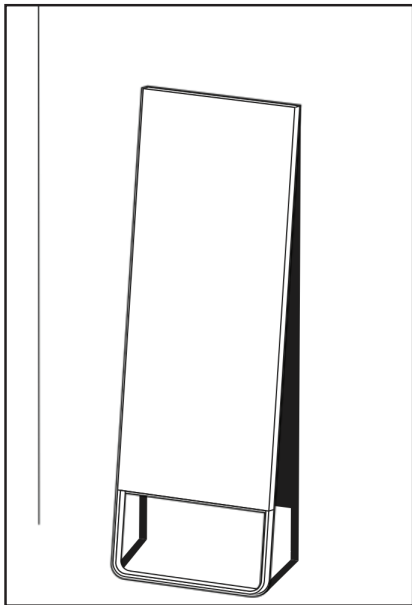
Space

Make sure you have plenty of space to work out. We recommend an area of at least 2m x 2m to allow yourself to do all exercises comfortably. Ensure that your area is free of obstructions that you could bump into as you exercise.

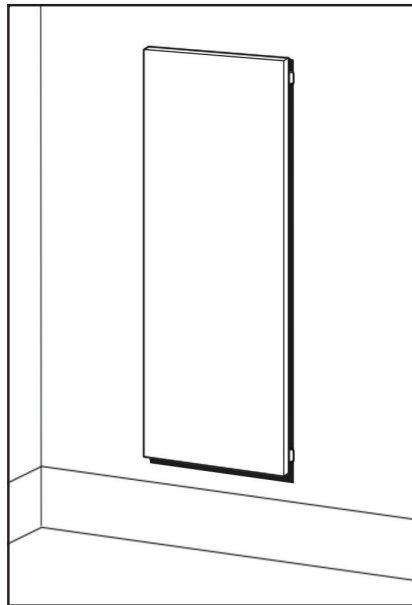
Wi-Fi

The mirror requires internet connection to work. We recommend a location where you get a speed of at least 10mbps.

MOUNTING OPTIONS



Wall Leaning



Wall Mounted

WALL LEANING

STEP 1

Choose a location for where your mirror will stand.

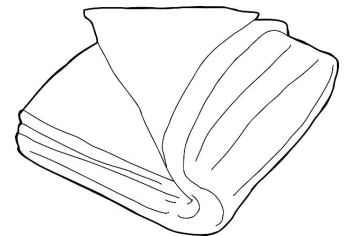
Please ensure it's within 80cm of a power outlet and you have strong wifi signal of at least 10mbps.



STEP 2

Unwrap Mirror and lay flat on a blanket (mirror side down).

Do not use any sharp implements to open the mirror

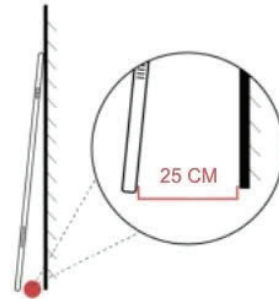


WALL MOUNTING

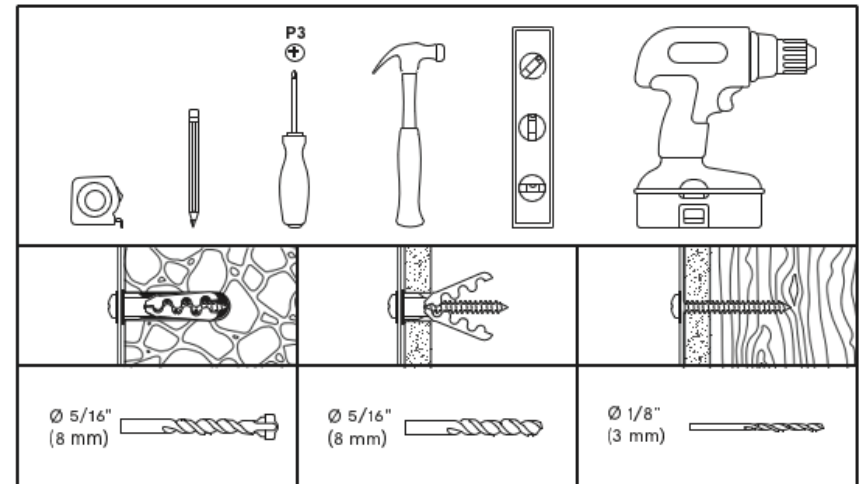
STEP 3

Using two people, lift the mirror and lean the Mirror against the wall.

Once leaning, adjust so that the distance from the bottom of the mirror to the wall is 25cm. Ensure that the mirror is stable



Tools Required

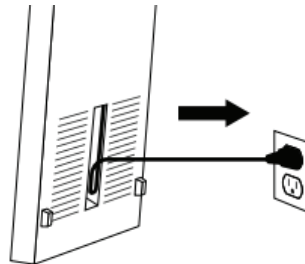


STEP 4

Plug in your Mirror

Turn on the mirror by pressing the button on the top right of the mirror

Follow the on screen instructions and get sweating!



STEP 1

Ensure that you have the correct wall plug for your wall construction.

Only brick wall plugs are provided.

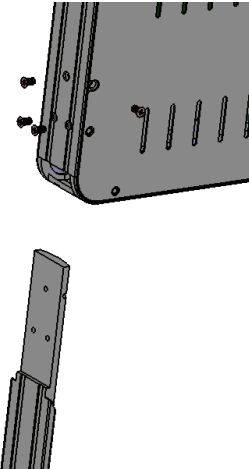
STEP 2

Choose a location for where your mirror will stand. Please ensure it's within 80cm of a power outlet and you have strong wifi signal of at least 10mbps.



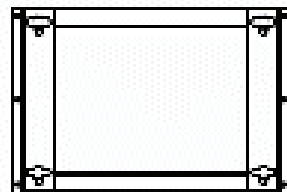
STEP 3

Unwrap mirror, lay it flat (mirror side down) on a blanket, and use a Phillips head screwdriver to remove the 8 screws connecting the stand to the back of the mirror.



STEP 4

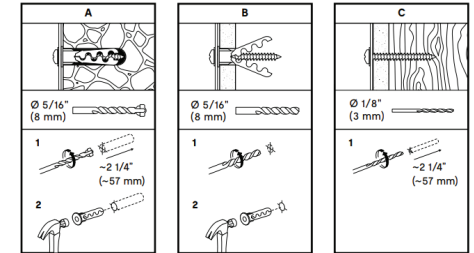
Unscrew wall mounting bracket from back of mirror. Once removed replace the mounting bolts into the back of the mirror.



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STEP 5

Mount the top of the bracket at a height of 163 cm on the wall, using a tape measure and spirit level. Mark the drill holes with a pencil, then securely attach the bracket to the wall using the appropriate drill bit and wall plugs.



STEP 6

Carefully lift the mirror and line up the mounting bolts with the bracket. Insert the mounting bolts into all 4 holes on the bracket then slide down to affix. Ensure all 4 bolts are inserted and secure

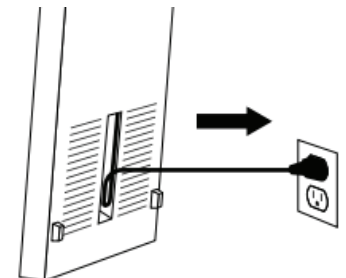


STEP 7

Plug In your Mirror

Turn on the mirror by holding down the button on the top right of the mirror

Follow the on screen instructions and get sweating!

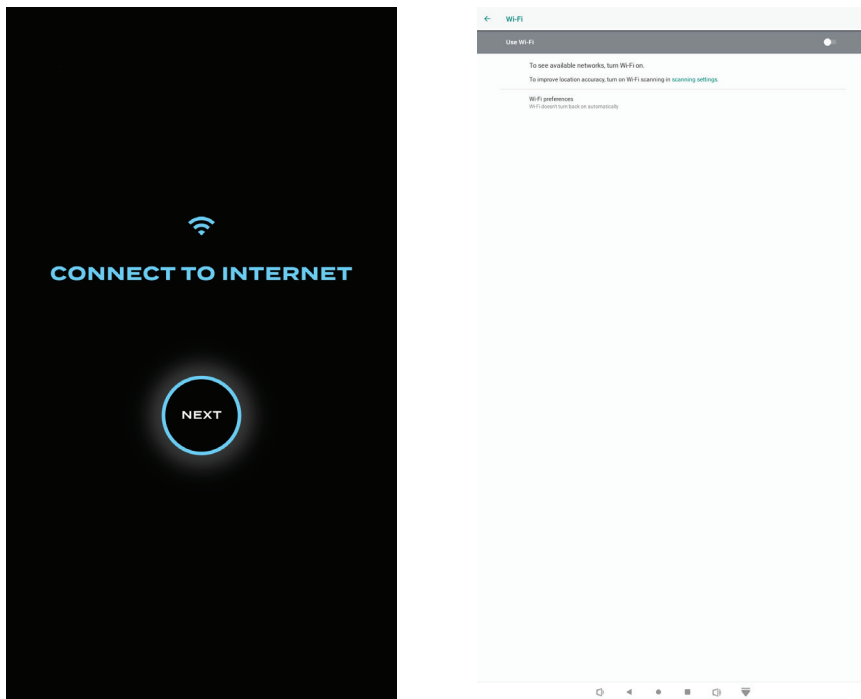


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TURNING MIRROR ON FOR FIRST TIME

STEP 1

When you first plug your mirror in it should automatically turn on. The first thing you will see is the **MAGIC** logo as the mirror loads. It will then take you to the "Connect to Wifi Screen". Please press the "Connect" button. This will take you to the settings screen where you can select your wifi and log in.

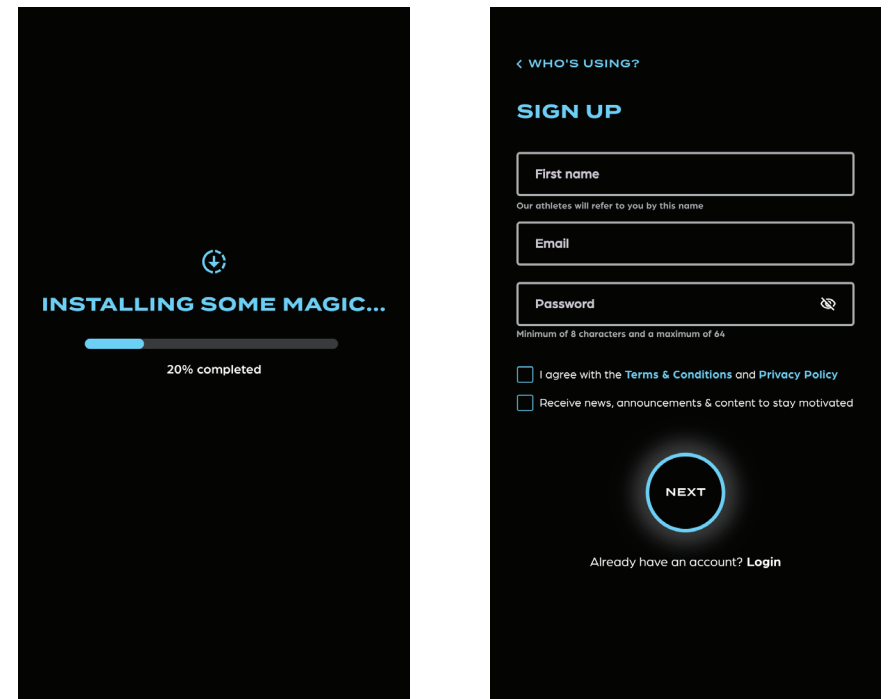


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STEP 2

Once you connect to the wifi, the mirror will download the latest version of **MAGIC**

Next, on the "Sign Up" screen, enter your details to create your account. You will then receive a verification code via email. After onboarding, you can add more accounts on the mirror.



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STEP 3

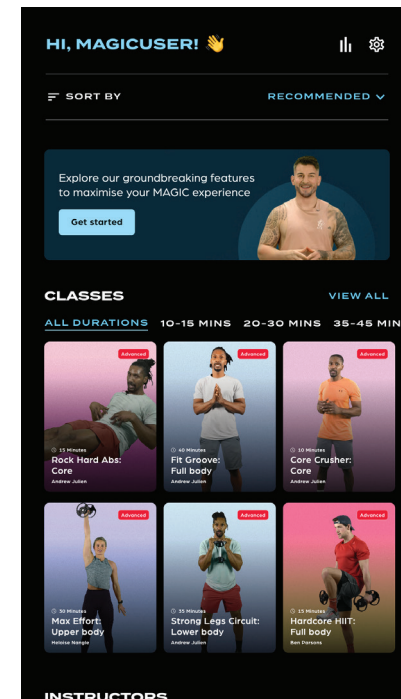
Once your account is created, you'll be guided through setting up a fitness profile. This includes a series of questions to customize your dashboard, recommend classes and workouts, and estimate calorie calculations. You can update these details anytime in settings under "Fitness Profile."

The screenshot shows the 'FITNESS PROFILE' setup screen. At the top, it says 'WELCOME, MAGICUSER' and 'We have a few quick questions to help personalise your MAGIC experience...'. Below this is a 'START' button. The main section is titled 'FITNESS PROFILE' and contains three sections: 'FITNESS LEVEL' with 'Beginner', 'Intermediate', and 'Advanced' options; 'EQUIPMENT' with 'Bench' and 'Dumbbells' options; and 'FITNESS GOAL' with 'Lose weight', 'Gain muscle', and 'Tone up' options. A 'SAVE' button is at the bottom right.

STEP 4

Once you've finished setting up your fitness profile you'll be taken to your dashboard.

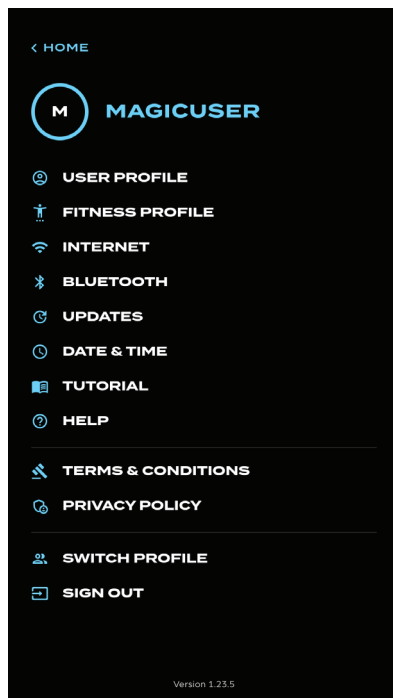
The first thing you should see is an invitation to "Get started". Pressing this will take you to the tutorial.



STEP 5

The tutorial should be taken by everyone who's new to the mirror – it will walk you through how the mirror works and make sure you get the most out of it.

If you ever need to go over the tutorial again, it can be accessed in the settings menu



HOME SCREEN

You can browse the home screen by scrolling up and down. Our content is split into different categories:

Classes

Classes range in length from 15 – 45 minutes and are structured sessions taken all in one go by an instructor, who talks you through the entire session. They can either be full body or concentrate on specific body parts and are categorised by difficulty

Workouts

Workouts are individual days of a program. They will consist of a few exercises done for a specific amount of reps and a specific amount of sets per exercise. Workouts finish when you have completed all of the reps and sets.

Programs

Programs last for four weeks and are made up of a variety of different workouts. Each workout will focus on a different body part so you're getting a full body workout over the week. As the weeks go on the workouts will gradually get harder, so they are perfect if you want to see how you improve over time.

Dance

Dance classes work similarly to normal classes. They are one long session and will give you a chance to learn the moves step by step before putting it all together at the end. There are beginner and advanced versions of each dance.

ANY QUESTIONS OR FEEDBACK?

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